



Technique Secret: arm weight

Do *Heavy Wet Ropes* (p. 5) as your daily warm-up.

MON. ___ TUES. ___ WED. ___ THUR. ___ FRI. ___ SAT. ___ SUN. ___

1. Brace both finger 3's with the thumb.
2. First, practice shifting R.H. finger 3 from **Middle C** up to **D**, up to **E**, and up to **F**.
3. Now add the L.H. on **Bass F**. Drop with arm weight on beat 1 of each measure.



Dance Band Drummer

Brightly 3 on ___? move ③ to D

mf Drum - mer with the dance band, drum - mer with the dance band,

3 on ___?

5 move ③ to E move ③ to F Play finger 3's together.

drum - mer with the dance band, feel that beat!

3



Super Technique: Play *Dance Band Drummer* as a special ending to *The Dance Band* (Lesson Book, p. 44).