



Technique Secret: correct thumb position

Do a L.H. *Thumb Perch* as your daily warm-up (p. 5).

MON. ___ TUES. ___ WED. ___ THUR. ___ FRI. ___ SAT. ___ SUN. ___

1. Can you trace and then mark each new **pattern**?
2. When you can play this exercise easily, try playing it with your eyes closed.



**Walking the Thumb
(for L.H.)**

Cheerfully

mf 1 on ___? 2 3 2 1

① move to B

5

① move to A ① move to G ① move to F

Keep the pattern going!

← Continue the 1 - 2 - 3 - 2 - 1 pattern beginning on E, then D, then C.

