



Technique Secret: **correct thumb position**

Do a R.H. *Thumb Perch* as your daily warm-up (p. 5).

MON. ___ TUES. ___ WED. ___ THUR. ___ FRI. ___ SAT. ___ SUN. ___

This exercise uses all 5 fingers in a **musical pattern** that moves UP the keyboard.

1. First, tap the rhythm. Feel two beats for each half note.
2. Now, place your right hand in the MIDDLE of the piano on a **C 5-finger scale**.
3. Do a *thumb perch* as you begin each musical pattern.



Going to the North Pole (for R.H. alone)

Keep the pattern going!

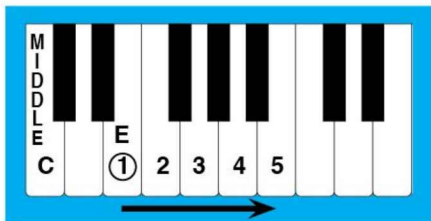
R.H. *mf*

musical pattern

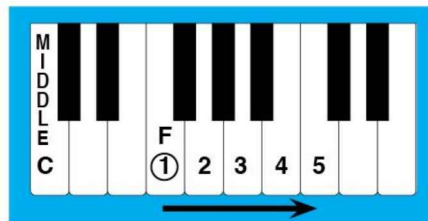
move to D

E - ven tone on ev - 'ry sin - gle note! (2-3-4) E - ven tone on ev - 'ry sin - gle note! (2-3-4)

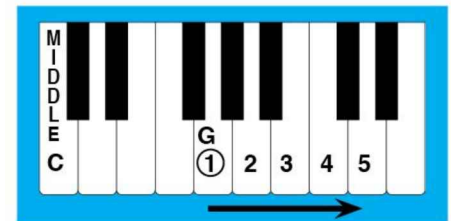
R.H. starts on E



R.H. starts on F



R.H. starts on G



Continue the R.H. pattern UP beginning on A, B, and C.

Note to Teacher: The student should not be required to play legato at this point.



Technique Secret: **correct thumb position**

Do a L.H. *Thumb Perch* as your daily warm-up (p. 5).

MON. ___ TUES. ___ WED. ___ THUR. ___ FRI. ___ SAT. ___ SUN. ___

This exercise uses all 5 fingers in a **musical pattern** that moves **DOWN** the keyboard.

1. Start in the **MIDDLE** of the piano with your **left hand thumb on Middle C**.
2. Do a *thumb perch* as you begin each musical pattern.



Going to the South Pole (for L.H. alone)

L.H. *mf*

musical pattern

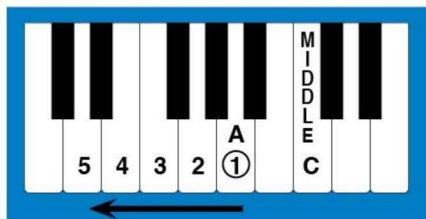
E - ven tone on ev - 'ry sin - gle note! (2-3-4)

E - ven tone on ev - 'ry sin - gle note! (2-3-4)

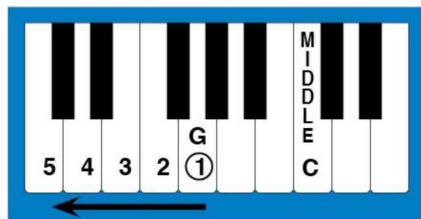
move to B

Keep the pattern going!

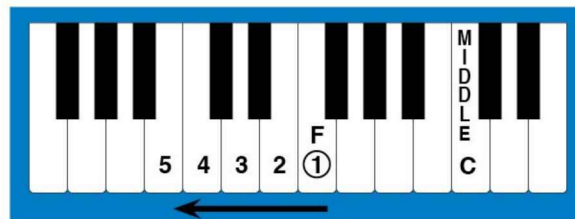
L.H. starts on A



L.H. starts on G



L.H. starts on F



Continue the L.H. pattern **DOWN** beginning on E, D, and C.